7th National Congress
Indian Society of Hip & Knee Surgeons
26th to 28th, April 2013 | Hyatt Regency, Kolkata

Final Announcement
Dear Friends & Colleagues,

Welcome to the 7th Congress of the Indian Society of Hip and Knee Surgeons to be held in Kolkata from the 26th - 28th April at the Hyatt Regency Hotel in Kolkata. It is with a great degree of satisfaction, that we invite you all to attend this academic feast in the Hip & Knee reconstruction. ISHKS, as you are aware, remains the most sought after arthroplasty meeting, because of patronage from you & industry alike. This year will be our first endeavour in Eastern India, which is opening up very fast to joint replacement surgery. As always, some very challenging topics will be deliberated during the meeting, hitherto untouched but very often daunting tasks in day to day practice. An outstanding International faculty will team up with an exciting Indian faculty to bring the best and latest thinking to you. A plethora of Clinical Sessions will be interspersed with Research Findings, Tips and Tricks, Detailed Operative Steps, Free Papers, a rolling E-Poster Session and of course the hallmark interactive discussions with an Audience Response System. Preliminary report of our registry will be presented, which has some very hard take home messages.

Our team is working overtime, to make this a grand success & take home messages should go a long way, in improving quality of our results after the operation. Ample time is allocated, as per appraisal from last meeting, for Clinical sessions, where you can interact with faculty, on one-to-one basis.

Please mark 26th to 28th April, on your calendars, & witness another stellar performance by ISHKS!

Shrinand V. Vaidya
President - ISHKS

Indrajit Sardar
Organising Secretary, ISHKS 2013
DAY 1
26TH APRIL

2.00-6.00 pm  Industry Workshops
Hip, Knee & Periproszthetic Fractures
Knee Session: Challenges of Revision Knee & HIP Session
Current Concept in Hip Arthroplasty
New Frontiers in Arthroplasty

6.00-7.30 pm  Meet the Masters
8.00 pm  Faculty Dinner

DAY 2
27TH APRIL

8.30-8.40am  President's address  S V Vaidya

SESSION 1
8.40-8.50 am  Current opinions… from across seven seas
IM alignment and ligament balance in TKR
Multimodal pain management for THR & TKR
Choosing articulation and head size for THR in 2013
Lessons from revision hip arthroplasty over last 20 years
Discussion

8.50-9.00 am
9.00-9.10 am
9.10-9.20 am
Till 9.35 am

SESSION 2
9.35-9.45 am  Current opinions… at home
Knees fail: Who's to blame?: Surgeon / Patient / Implant
Tips & Techniques for successful uni
Rotating platform knees: Where do we stand today?
Bilateral TKRs: Is it safe in Indian scenario?
Discussion

9.45-9.55 am
9.55-10.05 am
10.05-10.15 am
Till 10.30 am

Moderator : Dr C J Thakkar

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### SESSION 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Faculty &amp; ARS</th>
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<tbody>
<tr>
<td>10.31-10.39 am</td>
<td>New issues…</td>
<td>Anoop Jhurani</td>
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<td>10.39-10.47 am</td>
<td>New materials: Promises…promises !</td>
<td>Chandan Pathak</td>
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<td>10.47-10.55 am</td>
<td>Stem cell therapy in AVN: Hope more than science?</td>
<td>S Mohanty</td>
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<td>10.55-11.03 am</td>
<td>Neuromuscular issues in hip &amp; knee arthroplasty</td>
<td>Rajesh Malhotra</td>
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<td>11.03-11.11 am</td>
<td>Establishing a bone bank &amp; its legality</td>
<td>Leo Joseph</td>
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<td>Till 11.26 am</td>
<td>Does nutritional state of patient matter?</td>
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<td>Discussion</td>
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### SESSION 4

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<tbody>
<tr>
<td>11.27-11.32 am</td>
<td>Getting it consistently right with evidence based protocols!</td>
<td>R Bhandankar*</td>
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<td>11.32-11.37 am</td>
<td>Pre op workup</td>
<td>Shreedhar Archik</td>
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<td>11.37-11.42 am</td>
<td>Before incision</td>
<td>K J Reddy</td>
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<td>11.42-11.47 am</td>
<td>Peri operative medicine</td>
<td>D R Parekh</td>
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<td>Till 11.57 am</td>
<td>Mobilization protocol</td>
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<td>Discussion</td>
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### SESSION 5

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<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>11.58-12.28 pm</td>
<td>How to do a Primary THR? Moderator: P. Suryanarayan</td>
<td>Mark Pagnano, Sanjay Agarwala, V J Srinivas</td>
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<tr>
<td>12.28-12.33 pm</td>
<td>Faculty: Mark Pagnano, Sanjay Agarwala, V J Srinivas</td>
<td>ARS: Hip</td>
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<td></td>
<td>Discussion</td>
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### SESSION 6

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<tbody>
<tr>
<td>12.34-12.43 pm</td>
<td>Industry talk: Rendezvous with clinician researcher</td>
<td>Michael Rud Lassen</td>
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<td>Integrating clinical research into clinical practice</td>
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### SESSION 7

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<tbody>
<tr>
<td>1.30-1.38 pm</td>
<td>Tweaking the alignment and motion</td>
<td>Mark Pagnano, Harsimran Singh, Mark Pagnano, P K Banerjee, Nilen Shah</td>
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<td>1.38-1.46 pm</td>
<td>Upper tibial osteotomy: still has a role in 2013</td>
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<td>1.46-1.54 pm</td>
<td>PSI v/s Navigation v/s Conventional TKR: What's the evidence</td>
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<td>1.54-2.04 pm</td>
<td>Neutral alignment: Is it necessary for long term success</td>
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<td>2.04-2.12 pm</td>
<td>How to get high knee flexion</td>
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<td>Till 2.27 pm</td>
<td>Technique adjustments: PS to CR transition</td>
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<td>Discussion</td>
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### SESSION 8

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<tr>
<td>2.28-2.58 pm</td>
<td>How to do a Primary TKR Moderator: S V Vaidya</td>
<td>Leo Whiteside, Vikram Shah, Rajesh Maniar</td>
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<tr>
<td>2.58-3.03 pm</td>
<td>Faculty: Leo Whiteside, Vikram Shah, Rajesh Maniar</td>
<td>ARS: Knee</td>
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SESSION 9
3.04-3.09 pm
Knee Video 6 mins x 5
- MCL pie crusting for severe varus knee
- Bone grafting technique for medial tibial defect
- Tibial tubercle osteotomy
- Sequential Correction of fixed flexion deformity
- Stiff knee exposure

SESSION 10
3.30-4.00 pm
Clinical cases: Primary Knee Moderator: Hemant Wakankar
- Faculty: Mark Pagnano, Gurava Reddy, Arun Mullaji
- ARS: Knee

SESSION 11
4.05-4.13 pm
Difficult knee situations
- TKR in extra articular deformities
- Prevention & Management of post op FFD
- TKR in obese
- Is rotating hinge necessary in Revision TKR
- Discussion

SESSION 12
4.53-5.23 pm
Clinical cases: Primary Hip Moderator: C J Thakkar
- Faculty: Andrew Manktelow, Raj Pem, Pradeep Bhosale
- ARS: Hip

SESSION 13
5.29-5.34 pm
Hip Video 5 mins x 5
- Technique of Dual mobility cup
- Isolated cup revision
- Removal of well fixed uncemented stem
- Assessment of leg length / stability / offset

5.50-5.55 pm
Fellowship certificates handover

6.00-7.00 pm
ISHKS Executive Board meeting

7.00 pm
Dinner felicitations followed by a brief Cultural Show & Gala Banquet

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### DAY 3
#### 28TH APRIL

#### SESSION 14
**7.30-8.00 am**

**Pot Pourri**

**Breakfast Meet of ISHKS Trustees**

- Arthroplasty infrastructure: what's optimum, what's ideal?
  - Sharan Patil
- Flexion gap first
  - Vijay Mohan
- Pros & cons of all poly tibia
  - Prem Khincha
- Periprosthetic fractures: TKR
  - B D Chatterjee
- Patellar Instability
  - Akhil Dadi

**Till 8.55 am**

**Discussion**

**Contributors:**

- Sharan Patil
- Vijay Mohan
- Prem Khincha
- B D Chatterjee
- Akhil Dadi

#### SESSION 15
**8.08-8.24 am**

**When the joint gets the bug…**

- AAOS guidelines: Diagnosis of prosthetic infection
  - J B Choudhury
- Direct intra articular infusion
  - Leo Whiteside
- Articulated spacer v/s block spacer
  - Rakesh Rajput
- Two stage revision: Mayo experience
  - Mark Pagnano
- Vastus flap for covering anterior soft tissue deficiency
  - Leo Whiteside

**Till 9.51 am**

**Discussion**

**Contributors:**

- J B Choudhury
- Leo Whiteside
- Rakesh Rajput
- Mark Pagnano
- Leo Whiteside

#### SESSION 16
**9.52-10.22 am**

**Clinical cases: Revision Knee Moderator: Ashok Rajgopal**

**Faculty:** Leo Whiteside, H. Wakankar, P K Banerji

#### SESSION 17
**9.52-10.22 am**

**Registry issues**

- ISHKS Registry update
  - J A Pachore
- Has registry influenced arthroplasty practice in UK?
  - Andrew Manktelow
- Is registry worth the efforts? Mayo experience
  - Mark Pagnano

#### SESSION 18
**10.23-10.29 am**

**Free papers 6 mins x 6**

- Arthroplasty in Persons With Haemophilia in Indian Scenario
  - S Mohanty
- Efficacy of Autologous Platelet rich plasma in reducing blood loss & Pain & accelerating functional outcome after total knee arthroplasty
  - Aditya Agarwal*
- Is topical application of tranexamic acid better than its intravenous administration in reducing blood loss after total knee arthroplasty?
  - Animesh Kumar*
- Medio- patellofemoral Osteoarthritis: Does Modular Bicompartmental Knee Arthroplasty Offer Superior Outcomes to Total Knee Arthroplasty?
  - Siddharth Shah*
- Trivector arthrotomy for TKR - A “Gateway” for all Knees
  - Ashit Shah*
- Utility of computer navigation for soft tissue balancing in total knee arthroplasty: a case controlled study comparing two navigation systems
  - Vivek Logani*

- Discussion

*Photo not available*
SESSION 19
11.15-11.23 am Difficult hip situations
Arthroplasty for Tumors around hip & Knee
11.23-11.31 am Post acetabular fracture THR
11.31-11.39 am Dual mobility cup: Does good idea work?
11.39-11.47 am Hip arthroplasty in IT fracture: Technical tips
11.47-11.55 am Periprosthetic fractures: THR
Till 12.10 pm Discussion

SESSION 20
12.11-12.19 pm Talks 8 mins x 5
Metal on Metal: Is the sky really falling?
Revision for failed resurfacing
12.27-12.35 pm Salvage in hip abductor deficiency
12.35-12.43 pm Cage in Acetabular Revision
12.43-12.51 pm TM in acetabular revision
12.51-12.59 pm Femoral reconstruction in Revision THR
Till 1.14 pm Discussion

SESSION 21
1.15-1.45 pm Clinical cases: Revision Hip Moderator: Shekhar Agarwal
Faculty: R Volkmann, Vijay Bose, Andrew Manktelow

1.45 pm Vote of thanks & Lunch

*Photo not available

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