

President's Message

It gives me immense pleasure to bring to you this inaugural newsletter, of the Indian society of Hip & Knee surgeons (ISHKS). A simple breakfast meeting of 26 likeminded surgeons from across the country with clear objectives and motivation heralded the beginning of the society. This motivation reflected in all these surgeons unanimously agreeing to personally contribute to the seeding capital to initiate the process. The aim was to create a vibrant society promoting research & training and a strong podium for the surgeons of this country to be taken notice of by rest of the world.



Realizing certain shortcomings of the existing associations and bodies, ISHKS set forth certain guiding credos, which would drive this society in the years to come. All members of the committees and the governing bodies were nominated and formal elections were done away with. Provisions were made for the participation of the industry partners but at the same time financial independence of the society was ensured.

In most Orthopedic meetings, precious academic time was often consumed by the ceremonial functions like inauguration, introductions etc. We decided to do away with all baggage of the past. Even the presidential address was restricted to 10 minutes. The presidential medallion was done away with. It would be difficult to locate a ISHKS President, if you attend one of the meetings. This had a profound impact and this was evident in the highly successful conduct of the inaugural meeting at Mumbai. The academic messages were strong & clear. The whole conduct was businesslike & crisp with great emphasis laid on the contents, format, and adherence to timelines and adds value to the participants. In short, being a member of the committee or even the president had no added frills. Despite this, it is gratifying to see the amount of time and effort being invested by the members of the various committees to raise the overall standards in every conceivable way and be a role model of a society.

Since it's inception in 2004, society has grown from strength to strength. The story truly mimics the humble beginning of Apple, in garage of Cupertino! We never dreamt of reaching this size & stature, when we first met at Hotel Orchid in Mumbai, over a breakfast. There was great enthusiasm and comradeship among all 26 founders. Cheque of Rs. 25000/- was written by each of us towards the core fund to maintain the independence of the society from industry for survival. The whole model was structured on "frill-free" airline-a-la-Deccan air! There were spontaneous big NOs for- ceremony, lamp lighting, introducing a guest for posterity, & "Chairman Sirs". We really were keen to start something of a role model of a society.

Most decision making on crucial issues has been on consensus and mutual agreement. Decisions being expedited, even in some controversial issues, with the use of available technology, would add "Smart phone driven". This is keeping in mind the precious little time available with the busy members that often preclude physical meetings.

extensive branding exercise was undertaken to maintain and identity of the society. Logo, stationary, labels, brochures, ties etc were branded by professionals.

The core pillars of "Brand ISHKS" are Education, Research, Indian joint Registry & Care of Arthritics. As you read in this newsletter, Dr Paçhore, has single handedly initiated and established the Indian registry. This is located at a permanent office in Ahmadabad. Increasing number of surgeons are contributing to the data and the enthusiasm is ever increasing, it is heartening to see the younger surgeons evincing keen interest, in this, from across the country. I am pretty much convinced that this data would be a formidable guide to all of us namely the industry partners, surgeons & patients in the years and decades to come. Financially the society is on comfortable grounds to initiate research projects. The society now funds projects from its members. Processes have been initiated for the application, processing and approval.

The proof of the progressively increasing impact and appreciation of the quality of the activities of this society is reflected in the invitation from the IJO, for a special supplement on arthroplasty from the ISHKS member group. All previous meetings have

been a success with keen interest and participation by the industry. As many as seven global companies initiated their India launch during the annual ISHKS meetings. The testimony of the performance is truly reflected in the words of David Stulberg, Chicago, U.S.A. "ISHKS is putting up such a grand show every time- colleagues and fellow surgeons in the USA can learn a thing or two from ISHKS".

Whether it was electronic badge (courtesy Dr. Khincha), out of the box topics like 'investment advice for arthroplasty surgeons', iPhone application etc., ISHKS has been & will remain in forefront of the way academic societies should function.

But off course lot remains to be done. Guided by eleven trustees- all "whose who" of joint replacement surgery, we have unfinished agenda- lots & lots of papers have to appear, from Registry data. We have a robust corpus in our account, & in liaison with various NGOs, lot has to be brought to a level of suffering arthritic patient. After all what is the point of having a 'ISHK' if there is no passion- with crippled arthritic? We have to collaborate with FDA or like agency, to be advisory to the government, to see to it, that India does not become waste paper basket of "Rejected Technologies" of MNCs. Lot has happened on implantable device front, with some hard global lessons like metal-on-metal rejection rates, after all, all that shines in the brochures, may not glow, when implanted in the gullible patient.

Lastly, on the personal front, I humbly admit, that it's a privilege to occupy the Presidential chair, with so many senior & accomplished hands supporting me to herald ISHKS to a new era. This perfectly reflects the ISHKS philosophy- No hierarchy, & (in my case, probably) reward the hard worker! As my Guru would say- Size doesn't matter!

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History of ISHKS

Looking at the future scenario of joint replacement surgery in India, it was becoming increasingly evident that if we didn't act urgently there would be dearth of specialists for joint replacement and lack of data of Indian patients. In past we all had to look up to western countries for providing us with registry data based research. We strongly felt that arthroplasty surgeons of India had potential to stand in line with the western world. Hence with aim of forming an organization which would train orthopods in joint replacement and also maintain a registry, Dr. Vikram Shah, Dr. S. V. Vaidya and my self met for late night dinner in Orchid Hotel Mumbai in November 2004. We decided to make an active, scientific and open minded organization dedicated to maintain registry and fellowship. The task was to form clear workable guidelines which will help smooth functioning of the organization and to generate financial support necessary to run the organization without any pressure from the industry. For this three of us met many times in Mumbai and Ahmedabad and went through bylaws of various organizations. For financial support we followed the dictum, "Charity begins at Home" and raised the corpus money ourselves.

26 Arthroplasty surgeons were then invited from all over the country. The meeting was held on 13th Feb 2005 in Orchid Hotel Mumbai, and this was the 1st founding stone laid by the organization. All the members unanimously agreed to start with the basic structure of the organization. The preliminary workup was presented by me after a joint consultation with Dr. Vikram Shah & Dr. S. V. Vaidya. The main theme of the organization was to open the membership for arthroplasty surgeon and to give them adequate platform. Registry will be the backbone of this organization and for this, various efforts were done to contact Australian and Swedish registry. Dr. Parag Sancheti helped us in getting the information. Dr. Sanjay Agarwala's suggestion for the name of the association as Indian Society of Hip & Knee Surgeons (ISHKS) was unanimously accepted by all members.

Writing bylaws was hard work. The bylaws were written, re written and verified by Dr. L.H. Vora, a senior surgeon who had great experience in forming Bombay Orthopaedic Society. Dr. S.V. Vaidya and I took this task on our shoulder to approach charity commission of Mumbai. Finally this society was registered on 13th July 2006 with Number E-23526. The silent points of the bylaws were, step ladder promotion, membership category and their reorganization. First time this organization had the courage to enter into corporate membership (Industry). The association is a trust with eleven trustees and with no annual general body meeting (AGM). The First inaugural meeting was held at J. W. Marriott on 28 & 29 April 2007 with a grand success. That was a safe landing of ISHKS

- Dr J. A. Pachore

Founder Members - First Informal Meeting of ISHKS



ISHKS Boards

ISHKS Governing Council

Javahir A. Pachore (*Managing Trustee*)
Ashok Rajgopal
Vikram Shah
Shrinand V. Vaidya
P. Suryanarayan
C. J. Thakkar
H. P. Bhalodia
Sanjay Agarwala
S. K. S. Marya
Arun Mullaji
Rajesh Maniar

Executive Board 2012-2013

President
Shrinand V. Vaidya
1st Vice President
C. J. Thakkar
2nd Vice President
H. P. Bhalodiya
3rd Vice President
Sanjay Agarwala
Secretary
Dimple Parekh
Treasurer
Avtar Singh

Committee Chairs

Research
J. A. Pachore
Nominating
Gaurava Reddy
Fellowship
Leo Joseph
Education
Hemant Wakankar
Membership
Parag Sancheti
Legal
Indrajit Sardar

ISHKS Registry

ISHKS Registry was started in 2006 with aim to collect data and generate an Indian Database for Arthroplasty. 42 members are actively participating in the contribution of registry and our effort should direct 90% of arthroplasty surgeon. Only then this registry would be considered viable and valid.

Out come of Registry :

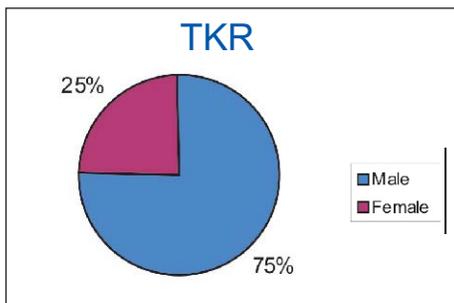
We present here the First Exclusive peek view of Registry data collected till now. The below data analysis from registry gives some very unique insights into Indian Arthroplasty scenario

Started 1 st October 2006	TKR	THR
Oct 2006 → April 2007	1889	194
May 2007 → April 2008	5811	522
May 2008 → April 2009	9951	697
May 2009 → April 2010	15471	1368
May 2010 → April 2011	23886	2344
May 2011 → April 2012	34478	3604

Primary TKR

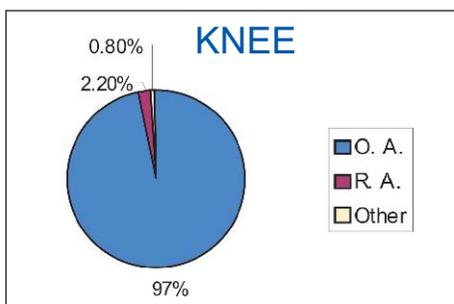
TKR – 34478

Male = 25%, Female = 75%,



Avg.Age = 64.4yrs Avg BMI = 29.1,

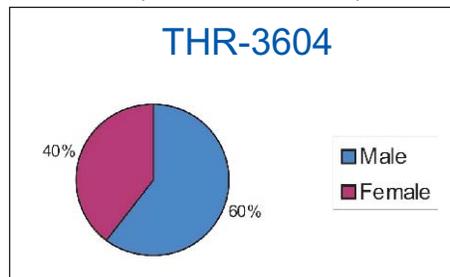
O.A. Knee = 97%,
R.A. Knee = 2.2%,
Other = 0.8%



Primary THR

THR – 3604

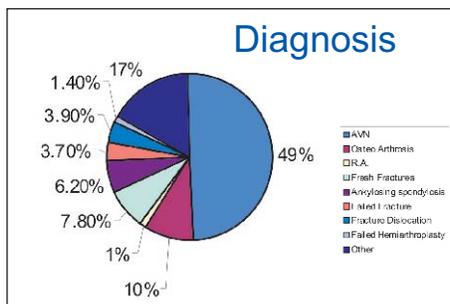
Male = 60%, Female = 40%,



Ave.Age = 52yrs Avg BMI = 25.8

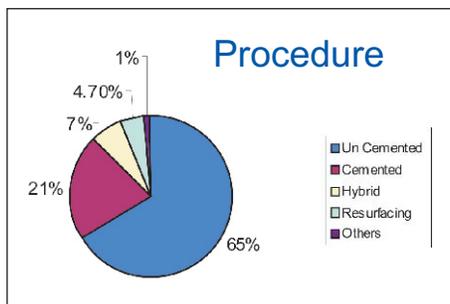
Diagnosis :

- (1) AVN = 49%
- (2) Osteo Arthritis = 10%
- (3) R.A. = 1%
- (4) Fresh Fractures = 7.8%
- (5) Ankylosing spondylosis = 6.2%
- (6) Failed Fracture = 3.7%
- (7) Fracture Dislocation = 3.9%
- (8) Failed Hemiarthroplasty = 1.4%
- (9) Others = 17%



Procedure:

Un Cemented = 65%
Cemented = 21%
Hybrid = 7%
Resurfacing = 4.7%
Others = 1%

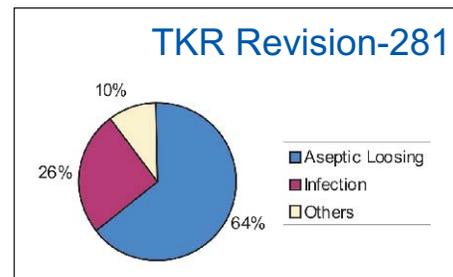


Revision Surgeries

TKR Revision – 281

Reported reasons for revision

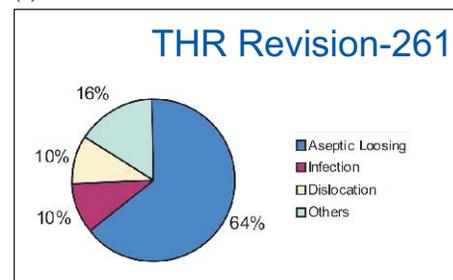
- (1) Aseptic Loosing = 64%
- (2) Infection = 26%
- (3) Others = 10%



Revision THR – 261

Reported reasons for revision

- (1) Aseptic Loosing = 64%
- (2) Infection = 10%
- (3) Dislocation = 10%
- (4) Others = 16%



Join ISHKS Registry.

Steps to submit to ISHKS Registry

1. Become a member of ISHKS (refer page 6)
2. Visit ISHKS website.
3. Enter Members Login
4. Download the ISHKS registry data collection form.
5. Fill the form for your cases with barcodes of Implants
6. Send to ISHKS Registry Office, Ahmedabad. (Refer Page 6 for full address)

For any further queries contact :
ishks.jointregistry@yahoo.in

Invitation for ISHKS Meet 2013

Greetings from Kolkata!!!

ISHKS 7th Annual Conference will be held in Kolkata from 26th—28th April 2014 at Hyatt Regency Hotel. This Hotel has been the venue of many medical conferences previously and has recently been modernised and expanded.

The hotel is 20 minutes from the Airport and is on the Main Metropolitan Bypass and is only 20 minutes from the centre of the city. The modernised Kolkata airport is scheduled to start functioning this year. The main Conference Hall has a seating capacity of 500 persons. 6 Workshops will be held on the first day of the conference. Trade exhibition space and dining facilities is adjacent to the main conference hall.

Apart from the hotel itself, there is plenty of accommodation in several hotels within a 2

Km radius.

The Organising committee have held several meetings to ensure that the high standards of ISHKS will be maintained and probably surpassed. The Scientific Programme under the stewardship of the President Dr.S.V.Vaidya and Scientific Chairman Dr.Hemant Wakankar promises to be outstanding. The confirmed faculty for the conference are none other than Dr. Leo Whiteside and Dr Mark Pagnano. It is expected there will be more such personalities.

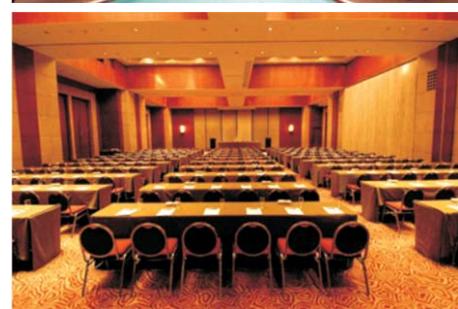
Kolkata has been changing rapidly in the last few years and has blended its ageless tradition with all modern facilities.

Kolkata has been host to some memorable conferences. We are sure this will be one of them.

The information brochures will be reaching you in November.

We await your kind presence and active participation.

Dr.Indrajit Sardar
Organising Secretary
ISHKS 2013



Confirmed Foreign Faculty
Leo Whiteside M.D. (USA)

(Missouri Bone and Joint Center)

Mark Pagnano M.D. (USA)

(Mayo Clinic)



Greeting From ISHKS 2012 (6th annual Meeting-Hyderabad)



Dear Friends
Greetings...

I take this opportunity to thank all the faculty and delegates from the bottom of my heart for their contribution in making the ISHKS2012 a grand success. ISHKS2012 provided a wonderful platform for the young surgeons to speakout and the young dynamos didn't disappoint with their inputs and queries. Basic arthroplasty Workshop was a first in ISHKS2012 and it received a resounding response with more than 300 surgeons

attending the workshop. My dear passionate arthroplasty surgeons I know that you all enjoyed the hyderabadi hospitality and your welcome again ..

Highlights..

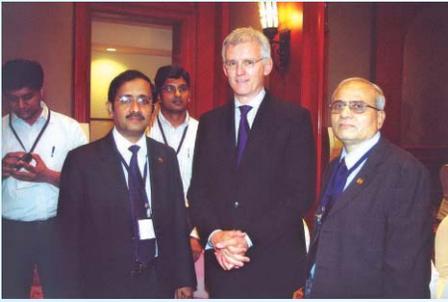
- Attendance of 411 delegates. •Astounding 58 National faculty
- 7 esteemed international faculty •Enthralling cultural extravaganza with a Royal faculty Dinner

- Dr Gurava Reddy (Organizing Secretary ISHKS 2012 Hyderabad)

Royal Faculty Dinner in Falaknuma Palace



Photogallery of ISHKS Annual Conferences



Pictures of Inaugural ISHKS Meeting 2007, Mumbai



2nd ISHKS Meet 2008, Chennai



2nd ISHKS Meet 2008, Chennai



3rd ISHKS Meet 2009, Delhi



3rd ISHKS Meet 2009, Delhi



4th ISHKS Meet 2010, Ahmedabad



4th ISHKS Meet 2010, Ahmedabad



5th ISHKS Meet 2011, Bangalore



5th ISHKS Meet 2011, Bangalore



6th ISHKS Meet 2012 Hyderabad

ISHKS Membership Report

Dear Colleagues,

Indian Society of Hip and Knee Surgeons was formed in the year 2004. There were 26 founder members that formed this society. The main idea was to increase awareness, provide opportunities for training and to create a platform for Indian Surgeons to come join hands and add to development of the field. Since then ISHKS has played important role of conducting regular courses and popularizing the art and science of Arthroplasty to all Orthopaedic surgeons across India.



Hip and knee arthroplasty is growing by leaps and bounds in India. The total number of knee joints and hip joints done in India are approximately 1,25,000 per year (excluding partial hip replacements). This number was as less as 30,000 about 6 years ago. With this increase in numbers of patients and surgeries, the role of ISHKS has grown in few years and will play a crucial anchor for Indian arthroplasty surgeons in future. For these reasons Membership of ISHKS has grown in past few years and is set to increase exponentially in coming future.

There are various types of memberships available: honorary members, life members, corporate members and regular members. Currently, we have approximately 65 life members and 200 regular members.

To become a member, the following criteria have to be met with:

- He should be an accomplished Orthopaedic Surgeon (M.S / D.Orth / DNB) living in India who has an interest in the advancement of Orthopaedic knowledge of the Hip and Knee joint in health and / or arthritic disorders
- Recommendation of two life/one founder members

Once membership is approved, members are eligible for ISHKS fellowships related to adult hip and knee arthroplasty.

They can attend ISHKS Annual meetings. These meetings provide a good platform for knowing the available Joint Replacement implants and other related products in the market. Also scientific programs for the annual meeting are designed in such a way so as to educate the newcomers as well as experienced people in this field.

A member only section will be started soon to provide direct access to a lot of information, review articles, research information related to arthroplasty. We are also in the process of starting an ISHKS journal and every member will be sent a free copy of that journal. ISHKS update containing update of activities of ISHKS specifically and also news of Arthroplasty world in general will also be send to every member of ISHKS.

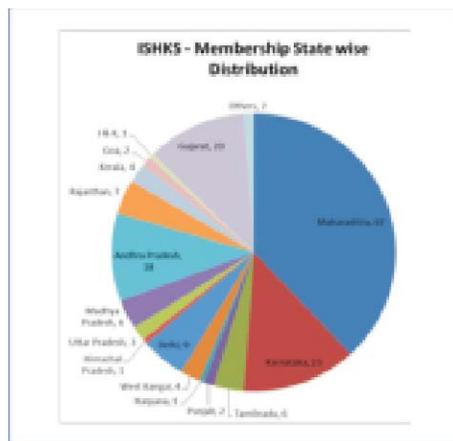
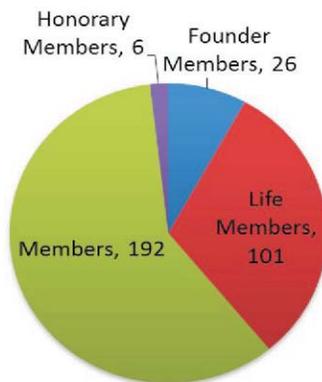
You will also get free access to a website [www. myorthovidence.com](http://www.myorthovidence.com) which gives a lot of information on Arthroplasty and other aspects.

We wish to appeal to you to become members and enjoy the various benefits which will come with this association

Parag Sancheti

Chair - Membership Committee

ISHKS Membership



ISHKS Membership

1. Access to ISHKS Website (Members Login)
2. ISHKS Fellowships
3. ISHKS Registry
4. ISHKS Careers Blog
5. ISHKS Journal (planned)
6. Access to Ortho-Evidence

ISHKS Registry

1. First Indian Registry
2. Five years Database
3. Exponential growth
4. India Specific Data
5. Scientifically carved
6. First step in building Indian Body of Evidence

ISHKS Contact

ISHKS Secretariat:

Parekhs Hospital, Shyamal cross roads, Satellite, Ahmedabad, Gujarat, India

pin- 380051

email: info@parekhhospital.com

ISHKS Joint Registry:

9th floor Library, Shalby Hospitals, Opp. Karnavati club, S.G. Highway, Ahmedabad, Gujrat, India

pin- 380015

Email: ishks.jointregistry@yahoo.in

ISHKS Secretarial asst.

Anvesha Dave.

Tel: +91 8980475192

ISHKS Website:

www.ishks.com

Email:

NEWS YOU CAN USE

ISHKS Fellows

1. Dr. Anil S. Nelivigi

Fellowship at Shalby Hospital
Ahmedabad – Dr. Vikram Shah & Dr.
J.A.Pachore
From 20th Feb to 20th March 2008

2. Dr. Ajit Mahadeo Natu

Fellowship at Shalby Hospital
Ahmedabad – Dr. Vikram Shah &
Dr. J.A.Pachore
From 1 Jan to 30 Jan 2010

3. Dr. Akella Suryanarayana Rao

Fellowship at Shalby Hospital
Ahmedabad – Dr. Vikram Shah & Dr.
J.A.Pachore form 01 march to 29 march
2009

4. Dr. Vidyanand Raut

Fellowship at Medanta the Medicity
Hospital Haryana - Dr. Ashok Rajgopal

New Look of ISHKS Website



ISHKS Careers

We are starting a ISHKS Career Blog, for information regarding placements / careers in the field of Hip and Knee replacement. There will be separate sections for residents & Fellow and for Associate / attending Surgeons. Members interested in displaying their requirements can contact the ISHKS Website administrator (info@vdesign2shine.com)

ISHKS Research Projects

ISHKS Registry is the most important research project which is ongoing since last 4 years. Other multicentre trials have been initiated. One project of early Diagnosis of osteolysis in post TKR with MRI tool has been completed. Next project in pipe line is prevalence of Femoral Acetabular Impingement in asymptomatic population (a multicentric study)

ISHKS ID Cards

ISHKS Identity Cards will be issued to all our Members. It will contain the MLM No and photograph of the member. Sample is Shown below



FACULTY MEMBERS AT ISHKS 2012 MEET, HYDERABAD



GRAND PILLARS OF ISHKS



Dr. Javahir A. Pachore

MBBS, D.Ortho, FCPS,
MNAMS, Mch (Liverpool)

Director of Hip Surgery, Prof. &
Head of Dept. (Ortho) Shalby
Hospitals, Ahmedabad

Former Orthopaedic Consultant
and Joint Replacement Surgeon at
Bombay Hospital.

Associate Prof. of Orthopaedics at
Post Graduate Institute of
Medical Sciences, Mumbai.

**ISHKS Founder President
(2006-2008)**



Dr. Ashok Rajgopal

MBBS, MS Ortho,
Mch, FRCS (Ed)

Chairman of Medanta Bone &
Joint Institute, Medanta -The
Medicity, Gurgaon, NCR.

Life Member of academic bodies
like APAS, IOA, ISAKOS, IAA.

Speaker at both the National and
International level.

**ISHKS Past President
(2008 - 2009)**



Dr. Vikram I Shah

MBBS, MS Ortho

Director-Arthroplasty, Chairman &
Managing Director, Shalby
Hospitals Ahmedabad

One of the pioneers in starting and
popularizing Knee joint
replacement surgeries in India.

Recipient of coveted Dr BC Roy
International Award for joint
replacement surgery, Rajiv Gandhi
National Quality Award from
Government of India

**ISHKS Past President
(2009 - 2010)**

INDIAN SOCIETY OF HIP & KNEE SURGEONS



विद्यादानम् श्रेष्ठ दानम्

ESTB. : 2004

Registered Charity in Mumbai, India



Dr. P. Suryanarayan

MBBS, MS Ortho

Senior Consultant Orthopedic
Surgeon, Apollo Hospitals,
Chennai

Life Member of academic
bodies like

IOA, IAS, APOA, AO Alumni
association (India)

**ISHKS Past President
(2010 - 2011)**



Dr SKS Marya

MS, DNB, MCh (UK), FICS

Vice Chairman Maxhealthcare
Chairman Max Institute of
Orthopaedics

President Elect Indian
Orthopaedic Association

President Indian Arthroplasty
Association

Chairman Knee Arthroplasty
SICOT

President ICJR (India & SAARC)
Permanent Board Member APAS

**ISHKS Past President
(2011 - 2012)**