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7th National Congress **INDIAN SOCIETY OF HIP & KNEE SURGEONS**

26th to 28th, April 2013 | Hyatt Regency, Kolkata

Final Announcement



Executive board 2012-13

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Dear Friends & Colleagues,

Welcome to the 7th Congress of the Indian Society of Hip and Knee Surgeons to be held in Kolkata from the 26th - 28th April at the Hyatt Regency Hotel in Kolkata. It is with a great degree of satisfaction, that we invite you all to attend this academic feast in the Hip & Knee reconstruction. ISHKS, as you are aware, remains the most sought after arthroplasty meeting, because of patronage from you & industry alike. This year will be our first endeavour in Eastern India, which is opening up very fast to joint replacement surgery. As always, some very challenging topics will be deliberated during the meeting, hitherto untouched but very often daunting tasks in day to day practice. An outstanding International faculty will team up with an exciting Indian faculty to bring the best and latest thinking to you. A plethora of Clinical Sessions will be interspersed with Research Findings, Tips and Tricks, Detailed Operative Steps, Free Papers, a rolling E-Poster Session and of course the hallmark interactive discussions with an Audience Response System. Preliminary report of our registry will be presented, which has some very hard take home messages.

Our team is working overtime, to make this a grand success & take home messages should go a long way, in improving quality of our results after the operation. Ample time is allocated, as per appraisal from last meeting, for Clinical sessions, where you can interact with faculty, on one - to - one basis.

Please mark 26th to 28th April, on your calendars, & witness another stellar performance by ISHKS!



Shrinand V. Vaidya
President - ISHKS



Indrajit Sardar
Organising Secretary, ISHKS 2013

Founder members

J. A. Pachore (Mumbai)
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Deepak Dave (Ahmedabad)
Chetan J. Unadkat (Mumbai)
Hemant Wakankar (Pune)
Rajasekaran (Coimbatore)
Agrawal Shekhar (Delhi)

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Gopinath Roy
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C. S. Dhar
Ronen Roy
Joydeep Banerjee Choudhury
Vikash Kapoor
Chandan Pathak
B. D. Chatterjee
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A V Gurava Reddy

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C J Thakkar

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Harish Bhende

Leo Whiteside

Mahesh Kulkarni

Shekhar Agarwal

D. R. Parekh

Leo Joseph

Rajesh Maniar

**LEARNING
TO
IMPROVE**

**DAY 1
26TH APRIL**

2.00-6.00 pm Industry Workshops
Hip, Knee & Periproszthetic Fractures
Knee Session: Challenges of Revision Knee & HIP Session
Current Concept in Hip Arthroplasty
New Frontiers in Arthroplasty

DePuy

Zimmer
Stryker

6.00-7.30 pm Meet the Masters
8.00 pm Faculty Dinner

Moderator : Dr C J Thakkar

**DAY 2
27TH APRIL**

8.30-8.40am President's address

S V Vaidya

SESSION 1 Current opinions... from across seven seas
8.40-8.50 am IM alignment and ligament balance in TKR
8.50-9.00 am Multimodal pain management for THR & TKR
9.00-9.10 am Choosing articulation and head size for THR in 2013
9.10-9.20 am Lessons from revision hip arthroplasty over last 20 years
Till 9.35 am Discussion

Leo Whiteside
Mark Pagnano
Andrew Manktelow
R. Volkmann

SESSION 2 Current opinions... at home
9.35-9.45 am Knees fail: Who's to blame?: Surgeon / Patient / Implant
9.45-9.55 am Tips & Techniques for successful uni
9.55-10.05 am Rotating platform knees: Where do we stand today?
10.05-10.15 am Bilateral TKRs: Is it safe in Indian scenario?
Till 10.30 am Discussion

Vikram Shah
Ashok Rajgopal
Rajesh Maniar
Gurava Reddy



Meet the Masters

Dr C J Thakkar

SESSION 3 New issues...

10.31-10.39 am New materials: Promises...promises !
 10.39-10.47 am Stem cell therapy in AVN: Hope more than science?
 10.47-10.55 am Neuromuscular issues in hip & knee arthroplasty
 10.55-11.03 am Establishing a bone bank & its legality
 11.03-11.11 am Does nutritional state of patient matter?
 Till 11.26 am Discussion

Anoop Jhurani
 Chandan Pathak
 S Mohanty
 Rajesh Malhotra
 Leo Joseph

SESSION 4 Getting it consistently right with evidence based protocols!

11.27-11.32 am Pre op workup
 11.32-11.37 am Before incision
 11.37-11.42 am Peri operative medicine
 11.42-11.47 am Mobilization protocol
 Till 11.57 am Discussion

R Bhandankar*
 Shreedhar Archik
 K J Reddy
 D R Parekh

SESSION 5 How to do a Primary THR? Moderator: P. Suryanarayan

11.58-12.28 pm Faculty: Mark Pagnano, Sanjay Agarwala, V J Srinivas
 12.28-12.33 pm ARS: Hip

SESSION 6 Industry talk: Rendezvous with clinician researcher

12.34-12.43 pm Integrating clinical research into clinical practice

Michael Rud Lassen

12:43-1.30 pm Lunch

SESSION 7 Tweaking the alignment and motion

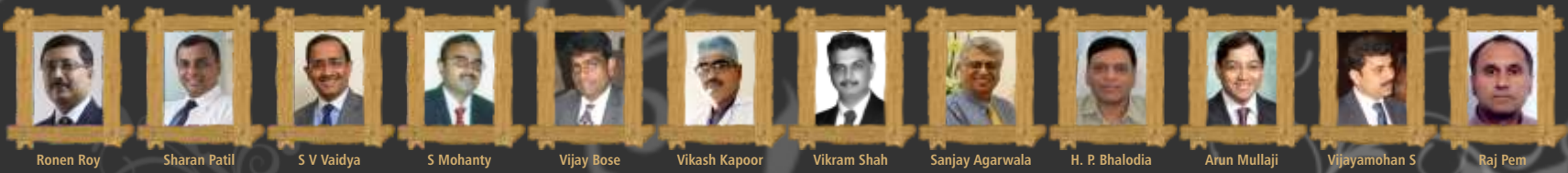
1.30-1.38 pm Upper tibial osteotomy: still has a role in 2013
 1.38-1.46 pm PSI v/s Navigation v/s Conventional TKR: What's the evidence
 1.46-1.54 pm Neutral alignment: Is it necessary for long term success
 1.54-2.04 pm How to get high knee flexion
 2.04-2.12 pm Technique adjustments: PS to CR transition
 Till 2.27 pm Discussion

Mark Pagnano
 Harsimran Singh
 Mark Pagnano
 P K Banerjee
 Nilen Shah

SESSION 8 How to do a Primary TKR Moderator: S V Vaidya

2.28-2.58 pm Faculty: Leo Whiteside, Vikram Shah, Rajesh Maniar
 2.58-3.03 pm ARS: Knee





SESSION 9

3.04-3.09 pm
3.09-3.14 pm
3.14-3.19 pm
3.19-3.24 pm
3.24-3.29 pm

Knee Video 6 mins x 5

MCL pie crusting for severe varus knee
Bone grafting technique for medial tibial defect
Tibial tubercle osteotomy
Sequential Correction of fixed flexion deformity
Stiff knee exposure

Rajshekhar K T
H. P. Bhalodia
Leo Whiteside
Manuj Wadhwa
Rajshekhar Reddy

SESSION 10

3.30-4.00 pm
4.00-4.05 pm

Clinical cases: Primary Knee Moderator: Hemant Wakankar

Faculty: Mark Pagnano, Gurava Reddy, Arun Mullaji
ARS: Knee

SESSION 11

4.05-4.13 pm
4.13-4.21 pm
4.21-4.29 pm
4.29-4.37 pm
Till 4.52 pm

Difficult knee situations

TKR in extra articular deformities
Prevention & Management of post op FFD
TKR in obese
Is rotating hinge necessary in Revision TKR
Discussion

Arun Mullaji
Ronen Roy
Avtar Singh
Alois Franz

SESSION 12

4.53-5.23 pm
5.23-5.28 pm

Clinical cases: Primary Hip Moderator: C J Thakkar

Faculty: Andrew Manktelow, Raj Pem, Pradeep Bhosale
ARS: Hip

SESSION 13

5.29-5.34 pm
5.34-5.39 pm
5.39-5.44 pm
5.44-5.49 pm

Hip Video 5 mins x 5

Technique of Dual mobility cup
Isolated cup revision
Removal of well fixed uncemented stem
Assessment of leg length / stability / offset

Raj Pem
Pradeep B. Bhosale
Andrew Manktelow
M Pradeep Reddy

5.50-5.55 pm

Fellowship certificates handover

6.00-7.00 pm

ISHKS Executive Board meeting

7.00 pm

Dinner felicitations followed by a brief Cultural Show & Gala Banquet

**IM alignment and
ligament balance
in TKR**
Leo Whiteside



Harsimran Singh



Akhil Dadi



Anoop Jhurani



Manuj Wadhwa



Rakesh Rajput



Buddha D Chatterjee



Alois Franz



Andrew Manktelow



Mark Pagnano



Ruediger Volkmann



Joydeep Banerjee

DAY 3
28TH APRIL

Are revised hips going to last 20 years?

R. Volkmann

SESSION 14
7.30-8.00 am
8.00-8.08 am
8.08-8.16 am
8.16-8.24 am
8.24-8.32 am
8.32-8.40 am
Till 8.55 am

Pot Pourri
Breakfast Meet of ISHKS Trustees
Arthroplasty infrastructure: what's optimum, what's ideal?
Flexion gap first
Pros & cons of all poly tibia
Periprosthetic fractures: TKR
Patellar Instability
Discussion

Sharan Patil
Vijay Mohan
Prem Khincha
B D Chatterjee
Akhil Dadi

SESSION 15
8.56-9.04 am
9.04-9.12 am
9.12-9.20 am
9.20-9.28 am
9.28-9.36 am
Till 9.51 am

When the joint gets the bug...
AAOS guidelines: Diagnosis of prosthetic infection
Direct intra articular infusion
Articulated spacer v/s block spacer
Two stage revision: Mayo experience
Vastus flap for covering anterior soft tissue deficiency
Discussion

J B Choudhury
Leo Whiteside
Rakesh Rajput
Mark Pagnano
Leo Whiteside

SESSION 16
9.52-10.22 am

Clinical cases: Revision Knee Moderator: Ashok Rajgopal
Faculty: Leo Whiteside, H. Wakankar, P K Banerji

SESSION 17

Registry issues
ISHKS Registry update
Has registry influenced arthroplasty practice in UK?
Is registry worth the efforts? Mayo experience

J A Pachore
Andrew Manktelow
Mark Pagnano

SESSION 18

10.23-10.29 am
10.29-10.35 am
10.35-10.41 am
10.41-10.47 am
10.47-10.53 am
10.53-10.59 am
Till 11.14 am

Free papers 6 mins x 6
Arthroplasty in Persons With Haemophilia in Indian Scenario
Efficacy of Autologous Platelet rich plasma in reducing blood loss & Pain & accelerating functional outcome after total knee arthroplasty
Is topical application of tranexamic acid better than its intravenous administration in reducing blood loss after total knee arthroplasty?
Medio- patellofemoral Osteoarthritis: Does Modular Bicompartamental Knee Arthroplasty Offer Superior Outcomes to Total Knee Arthroplasty?
Trivector arthrotomy for TKR - A "Gateway" for all Knees
Utility of computer navigation for soft tissue balancing in total knee arthroplasty: a case controlled study comparing two navigation systems
Discussion

S Mohanty
Aditya Agarwal*
Animesh Kumar*
Siddharth Shah*
Ashit Shah*
Vivek Logani*

*Photo not available

SESSION 19 Difficult hip situations

11.15-11.23 am Arthroplasty for Tumors around hip & Knee
11.23-11.31 am Post acetabular fracture THR
11.31-11.39 am Dual mobility cup: Does good idea work?
11.39-11.47 am Hip arthroplasty in IT fracture: Technical tips
11.47-11.55 am Periprosthetic fractures: THR
Till 12.10 pm Discussion

Manish Agarwal*
Mahesh Kulkarni
Raj Pem
Harish Bhende
Vikash Kapoor

SESSION 20 Talks 8 mins x 5

12.11-12.19 pm Metal on Metal: Is the sky really falling?
12.19-12.27 pm Revision for failed resurfacing
12.27-12.35 pm Salvage in hip abductor deficiency
12.35-12.43 pm Cage in Acetabular Revision
12.43-12.51 pm TM in acetabular revision
12.51-12.59 pm Femoral reconstruction in Revision THR
Till 1.14 pm Discussion

Andrew Manktelow
Vijay Bose
Leo Whiteside
R. Volkmann
Andrew Manktelow
R. Volkmann

SESSION 21 Clinical cases: Revision Hip **Moderator: Shekhar Agarwal**
1.15-1.45 pm Faculty: R Volkmann, Vijay Bose, Andrew Manktelow

1.45 pm **Vote of thanks & Lunch**



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